



BECOMING REFLECTIVE, INDEPENDENT & ASPIRATIONAL LEARNERS FOR LIFE

Immersion Curriculum: Amberley Parochial School

At Amberley, we develop practical skills in order to participate, compete and lead a healthy lifestyle. This involves learning a range of physical movements and sporting techniques. In addition, we learn how to lead a healthy lifestyle and we complete at least 2 hours of Physical Exercise a week.

PE is delivered through our 4 pillars of ***Technical, Practical, Physical and Personal and Social***.



For all learners to:

- Be physically active in both physical education lessons and extra-curricular time.
- Develop basic movement skills across a wide range of both individual and team based games and activities.
 - Work as part of a team.
 - Be given the opportunity to lead a group or team within physical education.
 - Demonstrate effective agility, balance and coordination in a range of activities.
- Develop flexibility, strength, technique, control and balance, primarily through gymnastics and dance.
 - Take part in outdoor learning.

PE Teaching and Learning

At Amberley, our planning, preparation and assessment is managed through our subscription to PE Pal, developed and created by our partner company Atlas Sports. PE Pal integrates all planning, inclusive of over 50 schemes of work, made up of six weeks per scheme. Following a comprehensive long term plan written by Mr Spurrier and the team at Atlas Sports, each class will follow 12 topics per year, outlined on the long term plan.

Assessment takes place every lesson, recording progress against learning objectives called 'I Can statements' within PE Pal. Each lesson, children will be assessed by a traffic light system (red, amber, green and platinum.) From these assessments, children have their own personal 'pupil dashboards' within the app, storing all assessments made as the year progresses. These pupil dashboards generate pupil reports and clearly outline how each child at Amberley are doing in PE in each of the 4 pillars of PE – technical, tactical, physical and personal and social.

PE Pal caters for an all-inclusive approach, giving sections titled 'Excel' and 'Access' as differentiation for the gifted and talented children, as well as for those struggling to access the lesson content.

At any time during the year, class and pupil reports will be available for class teachers to read and review, as well as providing an up to date, accurate report of pupil progress across the PE curriculum.

Assessing the children's achievement will be planned into lessons and used to guide subsequent lessons. Teachers record the progress that children make by assessing their work against the learning targets from the National Curriculum **and Milestones. Teachers will make termly assessments of attainment and progress for each child. Children are always encouraged to self-assess and reflect on their achievements.**